

3126

SUMMER 2023



ACTIVITIES

EVENTS

COURSES

OUR LOCALS

A guide to community living

3126

About the magazine

3126 is an independent community magazine produced quarterly by a small team of local volunteers, supported by Canterbury Neighbourhood Centre (CNC).

The editorial team welcomes feature article ideas and suggestions, as well as more volunteers to assist with the publication.

The magazine is loyally distributed by a group of volunteers co-ordinated through the Canterbury Community Action Group (CCAG) www.ccag.net.au

3126 MAGAZINE

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Front cover: *Ange Payne* Image by *Ray Gruchy*

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3126

2023 – get active and get involved

Canterbury has a great sense of history and belonging, from early settlers like John Maling (page 10) to today's local groups, sporting clubs (see Ange's story on page 8), and CNC's community programs. The Canterbury Community Precinct (CCP) is building on this, creating a place for the whole community to get involved and belong. It's your Centre, and we want to know what you want, from classes and social activities to projects and ideas that extend into the broader community.

Volunteering is another great way to get involved, and CNC has some fantastic roles available in 2023 including for our Dementia Café, a pollinator trail project, administration, and reception roles and the 3126 team. Phillipa, one of our 3126 volunteers shares her experiences as a volunteer in this edition.

Get active with one of our wellbeing classes, Yoga, Tai Chi, Zumba, pilates or our specialised Buff Bones for osteoporosis. Or try your hand at upholstery, botanical painting, or watercolour and mixed media, all suitable for beginners and advanced students.

Share your ideas for the Precinct or interest in volunteering with manager@canterburynh.org.au

Canterbury Neighbourhood Centre short courses & activities



The Arts

Nature in art

Renowned botanical artist Terry Napier will guide you through watercolour techniques to illustrate the natural world.

Monday 9.30am OR 12.30pm (2.5hrs)

Term: 8wks \$225

Upholstery and soft furnishing

Reinvigorate that tired piece of furniture or create a new cushion and accessories. Our professional upholsterer will give you the skills and confidence to tackle a range of projects.

Wednesday 9.45am OR 12.45pm (2.25hrs)

Term 9wks \$250

OR Wednesday 6.45pm (via Zoom)

Term: 9wks \$234

Watercolour (beginners welcome)

Join our watercolour group and explore your creativity. Bring your own project and learn at your own pace.

Tuesday 10am (2hrs)

Term: 9wks \$250 or sessional \$30

Open Art

Explore your own creative style in your chosen art medium – including drawing, watercolour, acrylic, oil or copic markers with art tutor Karen Nield.

Tuesday 12.30pm (2hrs)

Term: 9wks \$250 or sessional \$30

Children & Families

Structured playgroup - all ages

Facilitated by an early childhood educator, toddlers and pre-schoolers learn new skills through play, games, stories and music. Parents, grandparents or carers are encouraged to join in. Children under 12 months free.
Monday 9.30am (2hrs)
Term: 8wks \$120

Steiner playgroup - all ages

Facilitated by an early childhood educator in the style of Steiner philosophy. Parents, grandparents or carers are encouraged to join in. Children under 12 months free.
Friday 9.30am (2hrs)
Term: 8wks \$120



Wellbeing

Buff bones for osteoporosis*

A Pilates- based full body workout for bone strengthening and balance, integrated with strength training and functional and rehabilitative exercises.
Thursday 9.30am OR 10.45am (1hr)
Term: 10wks \$180 or sessional \$20

Tai Chi

A gentle integrated mind and body exercise with a focus on control of movements and breathing for overall wellbeing.
Monday 12.30pm OR 1.45pm OR 3pm (1hr)
Term: 9wks \$162 or sessional \$20

Walking group

Get fit and make friends. Enjoy a walk through the streets and gardens of Canterbury, ending with a coffee at one of our local cafes.
Thursday 9.30am (1hr)
Free for CNC members

Yoga (beginners to intermediate)*

Hatha yoga uses stretching techniques to release tension, increase flexibility and create a sense of calm.
Tuesday 9.15am OR 10.30am (1hr)
Term: 9wks \$162 or sessional \$20

Zumba Gold

Zumba Gold combines Latin and international music with a fun and effective workout system designed for lower impact than traditional Zumba.
Wednesday 9.30am (1hr)
Term: 10wks \$180 or sessional \$20

Language

French absolute beginners

Thursday 1pm (2hrs)

Term: 9wks \$215

French intermediate (2+ years' experience)*

Tuesday 1pm (2hrs)

Term: 9wks \$220

French intermediate (3+ years' experience)*

Monday 1pm (2hrs)

Term: 8wks \$195

French advanced (4+ years' experience)*

Monday 10.30am (2hrs)

Term: 8wks \$195

Italian absolute beginners

Wednesday 12.30pm (2hrs)

Term: 9wks \$220

Italian beginners/intermediate (2 years' experience)*

Wednesday 3pm (2hrs)

Term: 9wks \$220

Italian advanced (4 years+ experience; via Zoom)

Thursday 1pm (2hrs)

Term: 9wks \$220

Italian advanced – language & conversation (6 years+ experience)*

Wednesday 9.30am (2hrs)

Term: 9wks \$215



Social

Garden Club

Enjoy guest speakers, exchange plants or seeds and chat with fellow gardeners over afternoon tea. Beginners to experienced green thumbs welcome.

Third Wednesday of the month 1pm (2hrs)

Annual fee: \$20

Mahjong

A classic game of strategy and skill. New players welcome.

Friday 10am (2hrs)

Session: \$5

Bridge Club

Wednesday 12pm (5hrs)

The Written Word

Writing life*

Structured lessons to guide you in capturing and sharing your valuable memories and anecdotes from your life and family history.

Tuesday 10am (2hrs)

Term: 9wks \$216

The Written Word with Sue Braint (via Zoom)

Do you have a passion for words? Join like-minded word lovers discussing fascinating topics all about words, language and literature.

Term 1 topic: Alphabet Quiz 2.

Tuesday 10am (2hrs)

Term: 4wks \$93

Book circles – Maling Rd

Meet at a local coffee shop for lively discussions on books, films, community activities and events.

Second Tuesday of the month

10am (2hrs)

Free for CNC members



canterbury
NEIGHBOURHOOD CENTRE

For class bookings, visit our website:

www.canterburync.au

Call us: 9830 4214

Send us an email:

office@canterburynh.org.au

Follow us: facebook.com/canterburynh



*Please note that classes may change as we are in the process of moving to our beautiful new home in Canterbury Gardens. Call our office to confirm classes or join our email list **www.canterburync.au** to receive updates via email.*

Classes marked with * can be taken face to face or via Zoom.

Coming soon: Canterbury Community Precinct



The doors will be opening in early 2023 to the main building of this new and exciting community precinct.

Canterbury Community Precinct will provide updated and fit-for-purpose spaces for key community groups and services in the three historic buildings bordering Canterbury Gardens.

In addition to the new purpose-built facility, the precinct development includes internal upgrades and heritage restoration works of the former Canterbury Bowling Club pavilion, Canterbury Maternal and Child Health Centre and former Canterbury Public Library.

The new precinct building will house the following services and community groups:

- Canterbury Neighbourhood Centre (CNC), including the Canterbury Community Garden
- Canterbury Maternal and Child Health Centre
- Canterbury Gardens Kindergarten
- Playstation Occasional Care
- Canterbury Toy Library

The old Maternal and Child Health Centre building will provide a home to **Interchange Inner East** and the Library building will house the **Canterbury History Group** and **Surrey Hills Historical Society**. These buildings are part of stage 2 of the redevelopment and are expected to open later in 2023.

The precinct provides a convenient and centralised location for important community services and programs, and greater access and connection to the surrounding area and amenities, including Canterbury Gardens, Canterbury Station and Maling Road.

Council looks forward to welcoming everyone to the new Canterbury Community Precinct, and thanks the community and service providers for their ongoing support.

Canterbury Community Precinct is located on Kendall Street.

For more information and updates, including opening date and activities, please visit www.boroondara.vic.gov.au/canterbury-community-precinct

Get to know your community

Philippa Davies, volunteer with 3126



I started volunteering when I was in my early 20s. The main reasons I became a volunteer were so I could contribute to the community and make a difference in other people's lives. These are still the main reasons why I continue volunteering.

Currently I have three regular volunteer roles – at my local community centre, at Mentone Public Library and as part of the editing team for 3126 Magazine in Canterbury.

I have been involved with the 3126 publication since the very first edition back in 2018. Responding to an advertisement on Seek, I came for an informal interview and then I was lucky enough to officially become part of the team.

Working on 3126 magazine I get to regularly meet with a lovely group of people who have varied interests and learn about a part of Melbourne that has previously been unfamiliar to me.

I grew up in Dingley, then my family moved to Beaumaris before I moved to Mentone. My parents were both vets in the same practice and my younger sister and I always had pets including cats, an aviary, as well as a dog. After finishing school, I studied Arts, then completed a Graduate Diploma in Information Management and Systems (Librarianship) followed by a Certificate IV in Professional Writing and Editing. Today I have my own business, Bishop Editing, offering freelance proofreading services. I live with my

husband Nathaniel and my 2-year-old tabby cat named Tom.

Volunteering has brought so many benefits to my life. I have had the chance to meet many wonderful people and to have so many enjoyable experiences. It feels great to be so appreciated for my time. It has also helped me gain valuable skills that I can use in any workplace, such as working in a team and meeting deadlines.

I think it is particularly important that younger people volunteer...

I think it is particularly important that younger people volunteer because apart from the valuable skills they will gain, it opens their eyes to the community in which they live, and it gives them the opportunity to give back and contribute. Most of my friends are busy with full time careers and/or their families and it can be hard to find the time. But if you can find time it's very rewarding.

When I'm not working, I love reading, cross stitch, puzzles and watching movies. My biggest love though is cats. I can't live without them!

I would highly recommend volunteering in an area that interests you. You won't regret it!



Ange Payne: first woman to play fifty games for Canterbury Football Club

In 2022 Angela Payne, Ange as she likes to be called, became the first woman to reach the milestone of playing 50 games for the Canterbury Football Club – the Cobras. She celebrated this achievement with her team and the community at the home match at the Snake Pit, Canterbury Sportsground, Surrey Hills.

Ange started playing football in 2017 in Canterbury Football Club's first women's team. 'Known for her ability to break tackles, fast speed and 'flyswatting' moves, Ange is a weapon on the footy field' ¹

She lives in the local area with her mother, father and sister. Her mother is French, and Ange regularly visits her extended family in Toulouse. Camberwell Primary School was a logical choice for her to start her formal education because of its French bilingual program. She completed

her secondary education at Canterbury Girls' Secondary College, and went on to complete a Bachelor of International Studies at RMIT University. During this time, she went on an exchange program for 5 months at Madrid University, where she studied law. Her first career was as a sales coordinator at Channel 7, followed in 2019 by a short internship with VICE Media. When an opportunity to work with the State Government came up, she joined their graduate program.

Ange describes herself as ‘a sporty person.’ During her younger years, she enjoyed playing netball, and later, cross country and running. The Payne family supports Melbourne Football Club, and Ange remembers loving the atmosphere when she attended matches with them at the MCG as a child.

In her leisure time, Ange plays the piano, and enjoys singing and songwriting.

As a young working adult, she wasn’t involved in any sport and greatly missed playing in a team. Her sister had joined Hawthorn Football Club. ‘It looked like fun’ so Ange explored local opportunities. She tried the Canterbury Football Club, and has subsequently found them to be a very supportive club. Her preferred position is a midfielder, usually playing on the outside middle field or on the wing. She says that the demands of the sport on her life include the time commitment of two training sessions and a match each week, and avoiding injuries by doing what she can to stay fit between matches. The amateur league does not have the facilities for ongoing strength and



conditioning training that are available in the professional leagues. Games are rarely cancelled, so playing in stormy and wet conditions can impose other demands.

Daisy Pearce, the three time Best and Fairest winner and five-time Club Captain of Melbourne AFLW National League, is someone Ange has always looked up to. However, when asked who inspires her most, she identifies her best friend, Lara, whom she has known since she was three years old. ‘We share the same morals and values’, she says.

Playing in the Canterbury Football Club Women’s team, which won the VAFA (Victorian Amateur Football Association) premiership in 2019, was a great moment for Ange. Will she continue with her football? Ange is undecided at this stage – a future career working in the area of domestic violence is something she’s considering.



Above Ange with her mum Sylvie, sister Marina and dad Chris. Above right, Ange with best friend Lara and Lara’s dog Alfie.

Ange on field (above left) photography by Steve Smith ¹ Canterbury Football Club Facebook

Maling Road: What's in a name?

The story of John Butler Maling, Canterbury pioneer



John Butler Maling was one of the early settlers in the Canterbury area and played a key role in the early development of the City of Camberwell (which included Canterbury).

Maling was born in Shrepreth, a small village in Cambridgeshire, UK, on 8 July 1840. He immigrated to Australia, arriving in Sydney in April 1858, with plans to join his uncle of the same name who had immigrated with his wife Elizabeth four years earlier and who had settled in Melbourne. John junior could read and write, and was a trained carpenter and joiner.

He brought with him the large wooden box he had made to carry his tools, inscribed in paint for the voyage to Australia with his name and the name of the ship which brought him here. After a few months in Sydney, he set off to walk the 900 km to Melbourne while carrying his wooden tool

chest and stopping to work at farms en route.

In 1861, he leased a 13 plus acre block of land in what is now Surrey Hills, between White Horse and Weymouth Roads, and in 1864, he purchased it for £73/10 shillings. He built himself a two-roomed mud-brick cottage, to which he later added a weatherboard extension of several rooms, and named it *The Willows* after the trees that grew along West Creek in front of his home.

He worked at various trades and labouring jobs, set himself up in 1865 as a contractor to the Boroondara District Roads Board and built up a prosperous business as a builder. He built mainly houses and in 1872, he built St Barnabas Anglican Church, where the family worshipped regularly. Over the years, he and his sons, whom he had trained in the business, extended the church many times and built the church hall.

As if this wasn't enough, from when he arrived in Melbourne, he worked as a scribe writing letters for people and doing clerical work. It was through doing the books for a hay and corn business in Burwood Road, Hawthorn, that he met his soon-to-be wife, Jane. She was the daughter of the store's managers, Mr and Mrs William Saunders, and they married in 1864. They had twelve children, nine of whom survived infancy. Jane died at age 39 from puerperal fever after giving birth to child number twelve, who also died. Maling subsequently married again, twice,

but produced no more children and Jane remained the dearest to him.

Maling had long had an interest in civic affairs, and in 1886, he was elected a councillor for the Shire of Boroondara. He remained a councillor for thirty years, from 1886 to 1916, through its change from a Shire to the Town and then the City of Camberwell. He was three times President of the Shire (1887-88, 1897-98 and 1904-05), and the first Mayor (1905-06) when it became Camberwell.

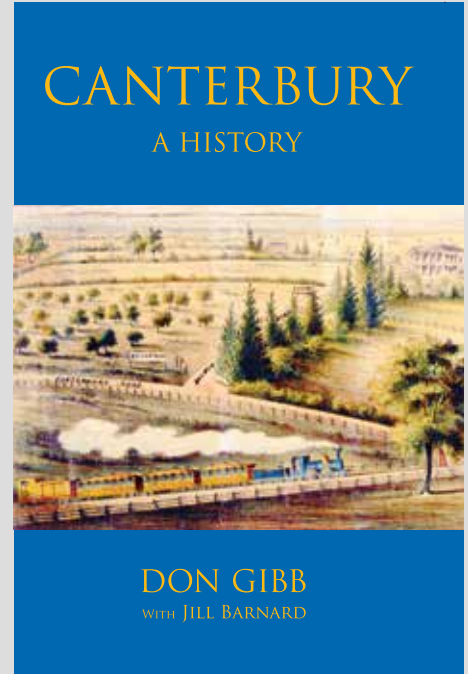
He was in local government at one of the key times for the construction of roads and the development of public amenities in the Shire/Town. In 1882, the train line was extended from Hawthorn to Lilydale with a station at Canterbury. The area transformed quite quickly from large estates to subdivisions for housing. Maling Road, called Railway Place at the time, was built to service the station. Railway Place was renamed in honour of John Butler Maling in April 1899.

The wooden carpenter's box that accompanied Maling to Melbourne was still in his workshop seventy years later. Maling died in 1930, aged 90. From then, the box's whereabouts were unknown to the family until Maling's great-grandson, Philip Barton, gave a talk about his great-grandfather to the Canterbury History Group in 2015. At the end of the talk, he was given the chest by Mrs Robin Adams, a member of the group, into whose possession it had come on the promise it would not be sold. And the chest still bears the inscription, *John Butler Maling, Passenger to Sydney Ship Joshua.*

With thanks to Philip Barton and his mother Nancy Nicholson, Maling's granddaughter, for providing the material about Maling.

Canterbury A History

New edition available



The second edition of *Canterbury A History* by Don Gibb with Jill Barnard will be on sale in hardback from 30th November. You can obtain a copy at the Bendigo Bank in Maling Road and at various other outlets. The Community Bank has sponsored the Canterbury History Group and have made this second edition possible.

The book was first published in 2019 and quickly sold out. It has been revised and has a glossy insert of additional photos. Price \$49.00.

Brian Turner

Story and photography by Ray Gruchy

Brian Turner is a second-generation stained-glass artist/leadlighter who has lived and worked in Canterbury for 17 years. He learnt his craft from his father, Jack Turner, and his painting skills from master stained-glass artist, Joseph Stansfield.



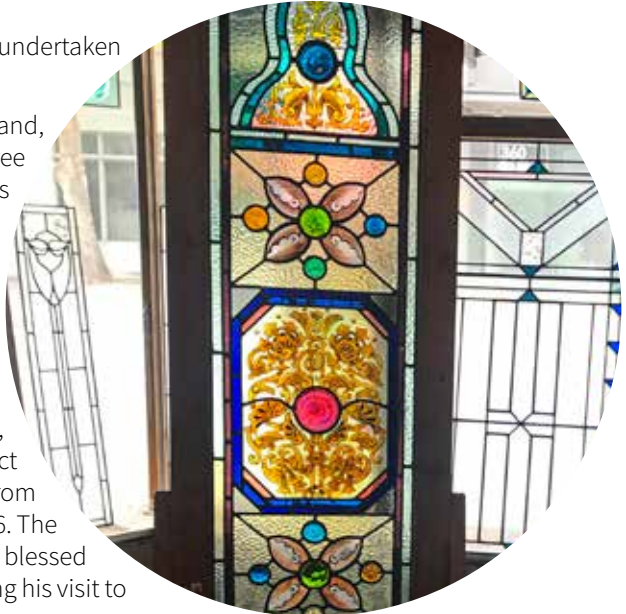
After humble beginnings in his backyard in The Basin, Brian established his studio **Victorian Leadlights** in Bayswater in 1977, moving to Canterbury in 2003. He retired and closed his studio in 2020; however, his legacy continues through ex-apprentice Mathew Dell, who worked with Brian for over 20 years.

In a career that spanned more than 43 years, Brian worked on several major restoration projects, including the Princess Theatre and the ANZ Gothic Bank in Melbourne (on which he collaborated with his brother Kevin's studio, Turner Leadlight). Many homes throughout the Dandenongs boast his creative works, as do the Victorian homes around Canterbury. Brian's ecclesiastical works can also be found in many Melbourne and country churches.

Many homes throughout the Dandenongs boast his creative works, as do the Victorian homes around Canterbury.

Some of the unique projects undertaken by his studio are:

- St John's Church of England, Nagambie, Victoria – Three stained-glass windows behind the altar were lost in a fire. Brian re-created these from remnants left behind and a coloured photo of the original windows.
- Whitefriars College, Donvale – This project began with a design from student John Kelly in 1986. The first four windows were blessed by Pope John Paul II during his visit to Melbourne in 1986.
- Smith Residence, Balwyn – The Smith family commissioned 10, 1500 mm x 700mm panels designed in the traditional Victorian style using stained-glass painting to create motifs and birds.
- Other major restoration and re-creation work of heritage windows around Melbourne include Ormond College, St Leonard's Brighton, St Peter's Ocean Grove, The Union Memorial Uniting Church North Melbourne, Daughters of Divine Zeal Chapel Richmond, Martin Luther Chapel Boronia, Cobden Country Smokehouse, Creswick House Melbourne Grammar, St John's Catholic Church Waubra, Trinity Lutheran Church Melbourne and Loreto College Toorak.



Brian has brought much joy to others through his artistic ability. On announcing his retirement, he received many compliments and gratitude for his beautiful creations, with good wishes from past and current clients.

Brian has brought much joy to others through his artistic ability.

Brian and his wife Raelene still live in the area, and they are currently building a retreat in Metung, where Brian enjoys sailing. He is also an accomplished bass player, both on the traditional double bass and the electric bass. He can often be found playing his bass alongside like-minded friends.

Capturing the hearts of grand

Donna Killeen and Ken Spence are passionate about focusing the camera on the special relationships between grandchildren and grandparents. Launching their business GrandKids Photography in 2022, their concept was simple: just grandparents with their grandchildren, photographed at the grandparent's home or local park.



Through our photography we celebrate these special moments to be shared for years to come.

We are Melbourne based-award winning photographers, who enjoy the beauty of portrait photography and creating meaningful images that celebrate family connections. We believe the time spent with grandparents is important in the lives of grandchildren but can be overlooked. Through our photography we celebrate these special moments to be shared for years to come.

“Our respective grandparents were very important to each of us, but neither of us have any photos which come close to capturing the things that we did with them and the fun we shared” notes Donna. “As professional photographers,

parents and their grandkids



we know that we can do so much more, and in so doing, provide people with photos that capture and celebrate these very special relationships and times together.”

Both Donna and Ken live in Boroondara and are credentialed photographers, working in a freelance capacity in a range of genres. After meeting through their photography, they realised there was an opportunity to focus on the bond between grandchildren and grandparents in a unique way.

Unlike traditional photography services, GrandKids Photography sessions are held at the grandparent’s home, capturing day-to-day activities grandparents enjoy with their grandchildren. Whether it is reading stories, cooking or playing at the local park, these are the special moments that Ken and Donna believe are worth preserving. As Ken notes: “I very fondly remember afternoon teas with scones and cream on my grandparents’ front veranda, but there is not even one photo that records this that I can share with my family.” It is that time spent together in the everyday activities that become our most treasured memories.

Keeping these memories safe in printed form is just as important to Ken and Donna, because so many digital photos become lost or forgotten. Digital photos are ideal to share immediately with family and friends, but high-quality prints can last a lifetime.



Unlike traditional photography services, GrandKids Photography sessions are held at the grandparent’s home, capturing day-to-day activities grandparents enjoy with their grandchildren.

GrandKids *with Grandparents* **Photography**

Website: www.grandkidsphotos.com.au

Email: contact.gkphotos@gmail.com

Phone: Donna 0418 308 886 or Ken 0419 996 191



Dentistry in Canterbury



Dr Julie Ghaly grew up in Qatar, of Egyptian heritage. She has lived in Australia for 24 years. As a dentist, local business owner and mother of two young boys, 7-year-old Zac and 5-year-old Andre, she leads a very busy life.



After 20 years working as a dentist, Dr Julie is now the owner and principal dentist at **Dentistry in Canterbury** at 1/143 Maling Road. She chose Canterbury because she loved the community feel and the sense of a tightly knit neighbourhood with Maling Road as its heart. From a one-chair clinic in 2014, she has expanded the business to a six-chair practice now. **Dentistry in Canterbury** uses cutting edge technology and offers multiple services, from preventive oral health care and restorative fillings to pain relief, root canal and wisdom teeth extraction. The practice also offers cosmetic procedures including Invisalign, same day crowns, veneers, digital smile design

and teeth whitening. Its sister practice, **Toorak Dental Studio**, focuses on more specialized areas such as TMJ therapy, implants and sleep services. Her husband Mark is the business director and only male in her team of thirty employees rostered across both practices.

On her days off Dr Julie enjoys walking the family labradoodle Oscar, attending lectures to further her studies and serving at her Coptic Orthodox Church in Armadale. Her vision is to establish volunteer clinics at the orphanages her church operates in Nadi and Suva, Fiji and further invest in Dentistry in Canterbury.

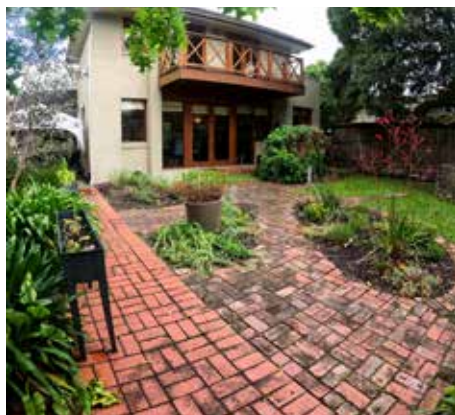
Dentistry in Canterbury

1/143 Maling Rd, Canterbury Phone: 03 9888 5555
www.dentistryincanterbury.com.au



A Day at The Club

A purpose-designed setting and program is offering clients with younger onset dementia friendship, comradery and a regular place to visit.



The Maranoa Club, operated by BASScare, is held in a residential house on Faversham Road in Canterbury. The Club opened its doors in September 2020, but BASScare provided dementia day care and respite two doors up at Maranoa House for over 30 years.

The Club operates on Mondays, Tuesdays and Thursdays and can also be used as a drop-in centre for carers and clients, and for private family functions.

A day at the club involves anything from going on outings, listening to music, to cooking and various activities. It is a fun, relaxed atmosphere. On outings, we visit places such as King Lake, the Mornington Peninsula and the Dandenong Ranges.

The program offers comradery and friendship. Everyone attending is of similar age and they all have similar tastes. The program is different each week, which keeps it interesting.

If you would like more information about **Maranoa Club**, please call us on 8809 4979, or visit BASScare at 131 Maling Road, Canterbury.

2023



BECOME A COBRA!

NOW RECRUITING FOR MEN'S AND WOMEN'S TEAMS

IF YOU HAVE NEVER PLAYED BEFORE OR ARE A
FUTURE COBRA STAR IN THE MAKING, WE WANT YOU!

INTERESTED? GET IN TOUCH WITH:

MENS

NATHAN

SEAN

0400514728

0411136109

WOMENS

JAMES

GEORGIA

0401747339

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